



# Child and Family Support Network

## **Responding to Child and Adolescent Anxiety. What can a parent do?**

The Dublin Southeast Child and Family Support Network are delighted to be hosting this free online webinar for parents which will take place on Monday, May 30<sup>th</sup> at 7pm.

This talk will be facilitated by Tara Kelly, Project Leader in Springboard, a family support Project based in Loughlinstown. Tara works extensively using the NVR (Non Violent Resistance) and SPACE (Supportive Parenting for Anxious Childhood Emotions) programmes.

Parents can book a place on this event through the following link on Eventbrite.

<https://www.eventbrite.ie/e/responding-to-child-and-adolescent-anxiety-what-can-a-parent-do-tickets-338438628047?aff=ebsdoporgprofile>

