## **Daily Lent Prayer**

Lord, I will follow you. Guide me to follow you. I will listen to you. And believe in your words. I will not listen to mean words. And will encourage others to hear your words. I will strive to share your message. And live those messages in my everyday life. Guide me to follow you.

Amen.





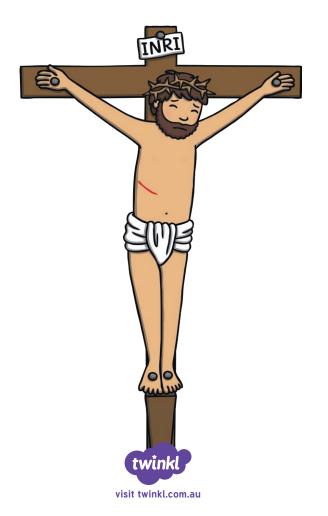
Lord, Teach me to be free. Free to reject comparing And to embrace myself. Free to not be greedy And expect love. Free to show self-control And to not be selfish. Free to focus And focus on the needs of others. Free to not worry what others think And to welcome grace. Lord, at this time of Lent, Thank you for the freedom you bring.

Amen.



## **Catholic Lenten Prayer**

Almighty and Everlasting God, You have given the human race Jesus Christ our Saviour as a model of humility. He fulfilled Your Will by becoming Man And giving His life on the Cross. Help us to bear witness to You By following His example of suffering And make us worthy to share in His Resurrection. We ask this through our Lord Jesus Christ, Your Son.



## **Prayer for Lent**

Dear Lord Please show me the way during Lent. Remind me to pray to You To thank You To love You To hear from You Each and every day in Lent Amen.



## **Prayer for Forgiveness**

Dear Lord,

I am sorry. I come before you my with regret and guilt.

I ask for your forgiveness, and trust in your grace to forgive me and guide me in the right way.

Thank you for your goodness to me, Jesus. Amen.

